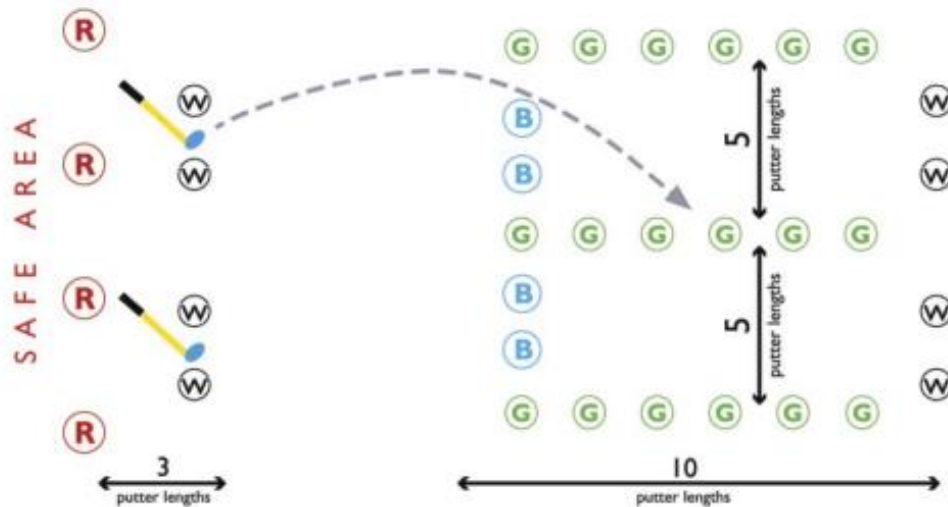


DOWN THE MIDDLE

This game introduces a fun way to 'try' and get the ball in the air. Getting the ball over the river keeps the teams motivated!



Down the middle

Station 8



Instructions Team of 5 on each tee (white cones). Players start from the white cones and try to strike the ball in between the lines of green cones (fairway) and over blue cones (river) in turn.
2 minutes practice (if time allows), 5 minutes play.

Skills for Life – staying safe

Leader's prompt to pupils: what should you check before collecting a ball on this game?

Remind the pupils that they will get a rating out of 10 for how well they do this and demonstrating staying safe.

Scoring

- Over the river rolling = 1 point
- Over the river in the air = 5 points
- Over the river, landing on correct fairway and stopping before white cones = 10 points

The ball must land over the blue cones and within the same fairway as the tee.

Equipment

- 1 x Tri-Golf chipper per team,
- 1 ball per team, cones as below

Key points for success

1. Brush the ground to get the ball into the air

